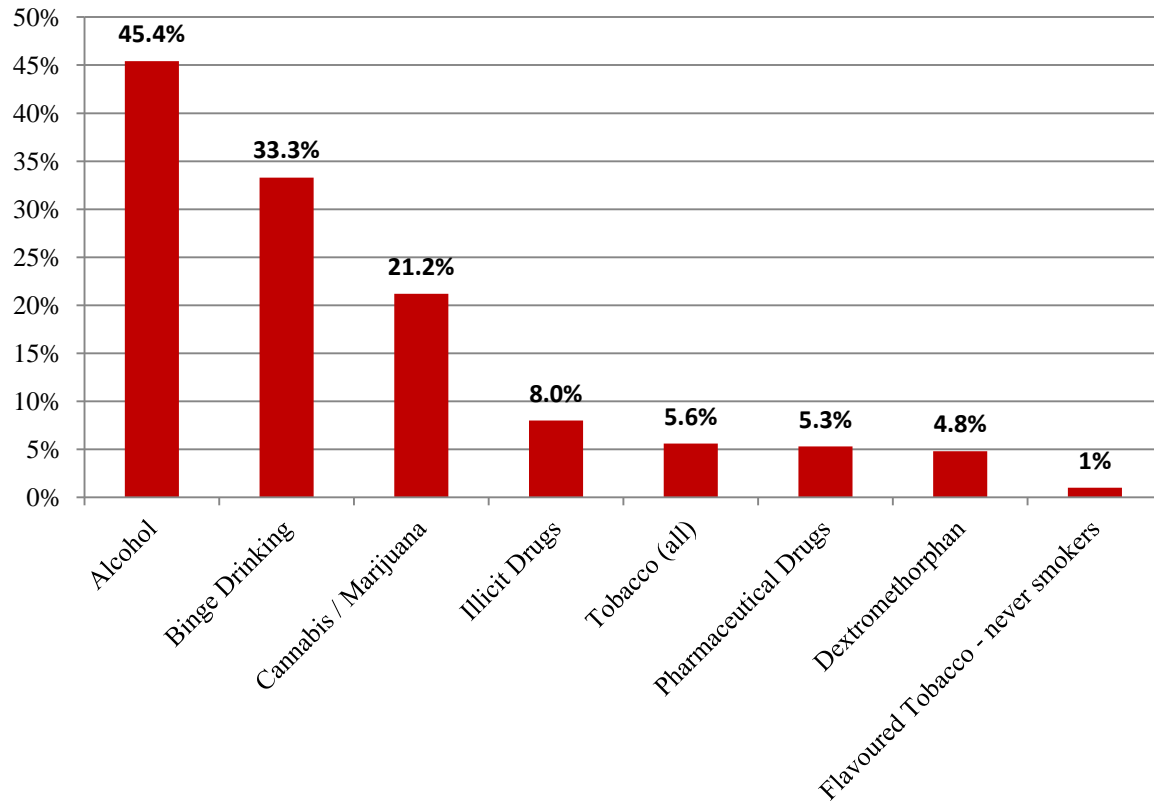


Use of various age-restricted or illegal products among kids in Grades 6-12 Canada 2010-2011



Source: Youth Smoking Survey 2010-2011, Health Canada.

Illicit drugs (any 5) include: Amphetamines (speed, ice, meth); MDMA (ecstasy, E, X); Hallucinogens (LSD or acid, PCP, magic mushrooms, mesc); Salvia (Divine Sage, Magic Mint, Sally D); Heroin (smack, H, junk, crank); Cocaine (coke, crack, blow, snow).

Psychoactive pharmaceutical drugs used to get high include: Tranquillizers or Sedatives (tranqs, downers); Stimulants (uppers, bennies) or ADHD treatment; Pain Relievers (such as Percocet, Percodan, Demerol, OxyContin or any pain reliever with codeine).

Dextromethorphan (DXM or DM) is an antitussive drug. It is one of the active ingredients in many over-the-counter cold and cough medicines, including generic labels and store brands, Benylin DM, Mucinex DM, Robitussin, NyQuil, Dimetapp, Vicks, Coricidin, Delsym, TheraFlu, and others. Teens, however, have found another use for cough medicine -- getting high. A 2008 study found that one in 10 American teenagers has abused products with DXM to get high, making it more popular in that age group than cocaine, ecstasy, LSD, and meth. Although DXM products are quite safe when taken as recommended, high doses can cause hallucinogenic trips -- and pose serious risks. Source: WebMD: <http://www.webmd.com/parenting/teen-abuse-cough-medicine-9/teens-and-dxm-drug-abuse>