

Shopping for Change!

Family Activities

Just about every day we make purchases to take care of ourselves and to support the life we like to lead. Many make very intentional decisions about what they buy and why. Some have taken up the challenge of buying nothing new for a day, a month, a year, or more. Others focus on buying locally made products and produce.

These are all great examples of responsible consumerism. This resource will give you ideas for how you can grow or expand your family's responsible consumerism. Let's use our consumer power to contribute to healthier and better lives for ourselves, those around us, as well as to help reduce the number of children working in dirty, dangerous and degrading jobs.

Step 1: THINK critically about this complex issue. Explore what's fuelling the problem and possible solutions.

Step 2: ACT by purchasing products that are more ethical using the information below and by asking our federal government to do something too!

Step 3: CHANGE your shopping behavior and the way you view the products you buy.

Work your way through the Shopping Action List and keep us posted on your experiences through 1)email: worldvisionvoices@worldvision.ca, 2)photos: [Flickr](#), and 3) [Facebook Group](#).

Help your family shop more responsibly.

- 1) Think
- 2) Act
- 3) Change

**HELP
WANTED**

**END CHILD
SLAVERY.**
ENDCHILDSLAVERY.CA



Shopping for Change Action List:

Learn, Watch, Read and Discuss: Brainstorm activities you or your children do at home, school, or in the community that you consider to be normal work. How is this different from dirty, dangerous and degrading work? Refer to [this Fact Sheet](#) for definitions of child work and child labour.

[Watch the BBC video Chocolate – The Bitter Truth](#) (Part 1 of 5). After viewing, discuss: What surprised you? How is your life similar to or different from the children working on the cocoa farms?

Learn more about child labour in the chocolate industry in the TVO documentary *Semisweet: Life in Chocolate* (airs Sunday, June 10 at 11:00 pm EDT).

Fairtrade Scavenger Hunt: What does Fairtrade mean and how does it impact modern day slavery? [Visit Fairtrade Canada](#) to find out. Then, search your home and local shops for Fairtrade products. Use the Fairtrade Canada website to find stores that carry Fairtrade items. Take photos of your favourite or most unusual products and post them to our [Flickr Account](#).

The Big Swap: During Shopping for Change week, swap some of your usual stuff for Fairtrade stuff. Or if you are making a bigger purchase, use www.goodguide.com or ethicalconsumer.org to help you decide what product might be your best choice. Tell us what and why you're swapping or how your research changed your choices on our [Voices for Children Facebook Group page](#) or by emailing worldvisionvoices@worldvision.ca. Your children can do the same on World Vision's [CONNECT Facebook](#) page.

Sign the Petition: [Ask the Canadian government to ensure the National Action Plan](#) addresses the needs of trafficked children and the reasons they are vulnerable to being trafficked at home and abroad. Get everyone in your family or community to sign on with [this printable version](#)!

Fairtrade Ideas Bank: Brainstorm practical ideas for helping your school, workplace, church or community to use more Fairtrade items. [Visit Fairtrade Canada for information](#). Share your idea on the [Voices Facebook Group page](#).

