

Monthly expenses faced by retirees across Canada

How much, on average, do you spend on the following on a monthly basis?

	Average	Atlantic	Quebec	Ontario	Manitoba & Saskatchewan	Alberta	British Columbia
Food	\$396	\$412	\$405	\$383	\$394	\$426	\$382
Housing*	\$731	\$681	\$725	\$770	\$721	\$737	\$652
Healthcare**	\$110	\$103	\$85	\$111	\$145	\$116	\$136
Income tax	\$498	\$449	\$536	\$556	\$657	\$405	\$310
Leisure/travel	\$333	\$215	\$405	\$292	\$449	\$362	\$304
Entertainment	\$124	\$96	\$138	\$127	\$175	\$98	\$100
Transportation	\$170	\$188	\$141	\$177	\$244	\$154	\$164
Savings	\$249	\$205	\$173	\$306	\$259	\$263	\$225
Total (monthly)	\$2,611	\$2,349	\$2,608	\$2,722	\$3,044	\$2,561	\$2,273

* Including utilities and property taxes

** Including health products and services not covered by your provincial plan; not including any insurance premiums

Base: Retirees who provided an answer (base varies by attribute)

Source: 2016 Sun Life Retirement Now report
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