

Monthly expenses faced by working Canadians across Canada

How much, on average, do you spend on the following on a monthly basis?

	Average	Atlantic	Quebec	Ontario	Manitoba & Saskatchewan	Alberta	British Columbia
Food	\$464	\$419	\$495	\$470	\$434	\$447	\$459
Housing*	\$971	\$731	\$803	\$1,177	\$816	\$934	\$926
Healthcare**	\$86	\$84	\$71	\$84	\$76	\$83	\$129
Income tax	\$928	\$770	\$970	\$1,039	\$843	\$1,052	\$546
Leisure/travel	\$213	\$115	\$287	\$210	\$180	\$226	\$138
Entertainment	\$118	\$86	\$115	\$124	\$124	\$117	\$123
Transportation	\$220	\$221	\$228	\$223	\$211	\$209	\$208
Savings	\$431	\$232	\$355	\$475	\$346	\$553	\$482
Total (monthly)	\$3,431	\$2,658	\$3,324	\$3,802	\$3,030	\$3,621	\$3,011

* Including utilities and property taxes

** Including health products and services not covered by your provincial plan; not including any insurance premiums

Base: Working Canadians who provided an answer (base varies by attribute)

Source: 2016 Sun Life Retirement Now report
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